.: Moon Number People: Born on 2, 11, 20, 29

These individuals are ruled by the Moon (Planet of Emotions, Imagination, and Sensitivity). They are intuitive, nurturing, artistic, and emotionally deep. Their strength lies in their compassion — but they must guard against emotional overwhelm.

☑ Positive Traits

- - Soft-hearted
- - Creative
- - Supportive
- - Spiritual
- - Empathetic
- - Artistic sense
- - Peace-loving
- - Emotionally intelligent

❌ Negative Traits

- - Overly sensitive
- - Indecisive
- - Easily discouraged
- - Low self-esteem
- - Emotionally withdrawn
- - Overthinkers
- - Prone to sadness or loneliness
- - Dependent on others

◎ Remedies

- - Morning sunlight exposure
- - Wear any Silver Jewellery
- - Use white color in clothes/space
- - Maintain a dream journal
- - Take a weekly self-care day
- - Sleep in a state of wudu (spiritual purity)
- - Practice quiet meditation

💬 Affirmations

- - I am worthy of love
- - I am light
- - My heart is calm and peaceful
- - I trust my inner guidance
- - I grow emotionally stronger each day
- - I love and accept myself fully
- - My sensitivity is my strength

Note:
For a deeper understanding of these personality traits, watch the detailed video on our YouTube channel.

- **Search:** *[Officalasmaachaudhry]* or click the link below (if digital): [https://www.youtube.com/@AsmaaChaudhryOfficial]

Social Media Links:

- Thanks for watching! 🌟
  If you found this helpful, don't forget to **LIKE, SHARE, COMMENT & SUBSCRIBE** for more empowering content on self-growth.
- 📩 **Downloaded this sheet?** Tag us and share your reflections!
  Let's grow together — follow us on social media and stay connected for future worksheets, videos, and tools.

- **GET IN TOUCH with US!**

- I N S T A G R A M : http://bit.ly/AsmaaInstagram @asmaachaudhry
- F A C E B O O K : http://bit.ly/AsmaaFacebook
- T W I T T E R : http://bit.ly/AsmaaTwitter
- TIK TOK: https://bit.ly/4jJFUXW
- WEB: https://www.asmaachaudhry.co.uk
- YOUTUBE: https://www.youtube.com/@AsmaaChaudhryOfficial